

Durchgangszeitenprognose

Thomas Besmer

Startnummer

315

Schwimmstrecke	Km	Durchgangszeit	Renndauer seit Start
Start Badi Mythenquai	0	06:50	00:00
Schwimmausstieg	3.8	08:00	01:10

1. Runde				2. Runde		
Radstrecke	Km	Durchgangszeit	Renndauer seit Start	Km	Durchgangszeit	Renndauer seit Start
Zürich Landiwiese / Ausfahrt Wechselzone	0	08:07	01:17	90	10:49	03:59
Zürich / Water Station (nur 2. Runde)	4	08:13	01:23	94	10:56	04:06
Zollikon (Seestrasse Richtung Rapperswil)	5	08:15	01:25	95	10:57	04:07
Küsnacht (Seestrasse Richtung Rapperswil)	7	08:18	01:28	97	11:00	04:10
Erlenbach (Seestrasse)	10	08:23	01:33	100	11:05	04:15
Herrliberg (Seestrasse)	12.5	08:27	01:37	102.5	11:09	04:19
Meilen (Seestrasse)	16	08:33	01:43	106	11:15	04:25
Uetikon am See (Seestrasse)	18.5	08:37	01:47	108.5	11:19	04:29
Männedorf (Seestrasse)	19.5	08:38	01:48	109.5	11:21	04:31
Stäfa (Seestrasse)	23	08:44	01:54	113	11:26	04:36
Feldbach / Natascha Badmann Station	29	08:54	02:04	119	11:36	04:46
Wolfhausen	32	09:00	02:10	122	11:42	04:52
Bubikon	34	09:04	02:14	124	11:46	04:56
Herschmettlen	37	09:09	02:19	127	11:52	05:02
Grünigen / Water Station	42	09:18	02:28	132	12:00	05:10
Hombrechtikon (Dorfzentrum)	44	09:21	02:31	134	12:04	05:14
Stäfa (Aberenstrasse)	46	09:25	02:35	136	12:07	05:17
Männedorf (Allenbergstrasse)	49	09:30	02:40	139	12:12	05:22
Uetikon am See (Bergstrasse)	52	09:36	02:46	142	12:18	05:28
Oetwil am See (Meilenerstrasse)	55	09:47	02:57	145	12:29	05:39
Egg	58	09:51	03:01	148	12:34	05:44
Forch / Relax Station	62	10:02	03:12	152	12:44	05:54
Limberg	65.5	10:07	03:17	155.5	12:50	06:00
Küsnacht (Seestrasse Richtung Zürich)	70	10:13	03:23	160	12:55	06:05
Zollikon (Seestrasse Richtung Zürich)	72	10:17	03:27	162	12:59	06:09
Passage Landiwiese (Richtung Kilchberg)	79	10:29	03:39	169	13:12	06:22
Kilchberg / Heartbreak Hill	84	10:41	03:51	174	13:24	06:34
Zürich Landiwiese zu 2. Runde / Einfahrt Wechselzone	90	10:49	03:59	180	13:32	06:42

Laufstrecke 1. Runde	Km	Durchgangszeit	Renndauer seit Start
Beginn Laufstrecke	0	13:38	06:48
Power Station	0.64	13:41	06:51
Martin Koller Station	1.93	13:47	06:57
Take Care Station	4	13:58	07:08
Ecke Rennweg / Oetenbachgasse	4.85	14:02	07:12
Golden Station	6.15	14:09	07:19
Wendepunkt Utoquai	7.13	14:14	07:24
Golden Station	8	14:18	07:28
Hot Station	9.36	14:25	07:35
2. Runde			
Landiwiese (Start 2. Runde)	10.55	14:31	07:41
Power Station	11.19	14:35	07:45
Martin Koller Station	12.48	14:41	07:51
Take Care Station	14.55	14:52	08:02
Ecke Rennweg / Oetenbachgasse	15.4	14:56	08:06
Golden Station	16.7	15:03	08:13
Wendepunkt Utoquai	17.68	15:08	08:18
Golden Station	18.55	15:12	08:22
Hot Station	19.91	15:19	08:29
3. Runde			
Landiwiese (Start 3. Runde)	21.1	15:25	08:35
Power Station	21.74	15:28	08:38
Martin Koller Station	23.03	15:35	08:45
Take Care Station	25.1	15:45	08:55
Ecke Rennweg / Oetenbachgasse	25.95	15:50	09:00
Golden Station	27.25	15:56	09:06
Wendepunkt Utoquai	28.23	16:01	09:11
Golden Station	29.1	16:06	09:16
Hot Station	30.46	16:13	09:23
4. Runde			
Landiwiese (Start 4. Runde)	31.65	16:19	09:29
Power Station	32.29	16:22	09:32
Martin Koller Station	33.58	16:29	09:39
Take Care Station	35.65	16:39	09:49
Ecke Rennweg / Oetenbachgasse	36.5	16:43	09:53
Golden Station	37.8	16:50	10:00
Wendepunkt Utoquai	38.78	16:55	10:05
Golden Station	39.65	17:00	10:10
Hot Station	41.01	17:06	10:16
Landiwiese, Ziel	42.2	17:13	10:23